

Recommended Safety Measures for Nannies and Families

The International Nanny Association has put together this guide for families and nannies that are still working together during the COVID-19 pandemic. These guidelines follow the recommendations of the CDC and WHO, along with insight from household employment industry leaders.

- Exercise handwashing with soap that lathers for 20-30 seconds when coming in from outside, after using the restroom, and before and after eating.
- Sanitize door handles and light switches regularly. Place hand sanitizer at the door to use before exiting the home to lessen your germs going out into the world.
- Wear masks when going out in public. When possible, take a car to work instead of mass transit.
- For nannies arriving to work in a vehicle that is shared with others, bring a change of clothes for each day of the week, and change once you arrive.
- Do not touch your face, and help children with this directive as much as possible.
- Limit going out in public places. When necessary to go out, keep a minimum of 6 ft. of distance between your family and another person.
- Avoid interactions with multiple people as much as possible. Stay home as much as you are able.
- Don't share eating utensils, food or drinks; serve food to each person individually.
- Follow guidelines for sick pay under the FFCRA.
- Take your temperature each morning before you leave for work, or welcome your nanny back in for the day. It is recommended that all house members do this as well to track any changes. A normal temperature for adults is 98.6, and for children may be slightly elevated.

We all will do our best to stay strong, protect one another, and look forward to brighter days!

